STAY OUT OF TROUBLE

BELIEVE IN GOD

Text: John 14:1-4
Title: Stay Out of Trouble
Thought: Trouble will visit but can't stay
Topic: Dealing with Trouble
Teaching: How to overcome a troubled Heart

Sermon Sentence:
Every believer must learn how to protect their hearts from the troubles of life.
We can't let the trouble around us take up residence inside of us.
Water is around a boat making it float, but water inside a boat makes it sink.
It's the same way with trouble, if trouble stays in your heart, it will sink your hope.

Sermon Saying:
The way to stay out of trouble is to keep trouble out of your heart.
If you let trouble stay in your heart, you're in trouble.
Example: transition glasses makes things look dark even when the sun is shining
Trouble does the same thing; it will make everything in your life look dark.

Blessing Paragraph:
Trouble is a reality, but God has given us a remedy, belief in God will keep trouble at bay
Example: AC units reconditions the air; Belief in God reconditions the hearts.
AC conditions by taking the heat out of the air, believe take trouble out of the heart.

Problem Paragraph:
A believing and troubled heart cannot cohabitate or coexist; one will overtake the other.
If you let trouble stay, it will force out belief, it you allow belief to stay, it will keep trouble out.
Trouble can consume your heart, but Jesus said don't let it, don't let trouble in your heart.

Challenge Paragraph:
As followers of Christ, we must focus on building our belief so that we can protect our hearts.
Faith comes by hearing the word of God, build your faith to protect your heart.
Trouble may knock on your door, but don't allow it to stay long, shut the door.

Text Background
Jesus tells the disciple that he will not be with them much longer, he knows this has the potential to be a troubling moment for his disciples, he says, I know this is a lot to take in but don't let your heart be troubled by the events I'm telling you about, just keep believing in me.

This is the message and the mission for every Christian, despite the troubles you face, keep believing and trusting in him. Jesus said I need you to trust in me beyond the trouble your about to see. Jesus says belief in me will get you through all the trouble around you.

Trouble Is to Be Expected
Peter 4:12, say don't think it strange when you face fiery trails but rejoice.
John 6:33 says in this world you will face trouble but be of good cheer.
There is a theme, you will face trouble, but you can overcome and maintain your joy.

Don't let the trouble you see become the trouble you feel.
John 15:11 Jesus told the disciple he wanted their joy to remain, and to be full.
I believe God gives us the ability to overcome our trouble and maintain our joy.
Nehemiah 8:10 says don't be Sorry, for the joy of the lord is your strength.

Text Outline:

I. How to keep Your Heart from Being Troubled

a. Decide you won't allow it.
- i. Jesus said don't let your heart be troubled.
- ii. That means you have a choice in whether your heart is troubled.
- iii. Jesus says if your heart is troubled, you let it happen.
- iv. Example: If someone starts punching you and you stand there and take no action, then you're letting it happen
- v. Jesus says when trouble tries to punch you in the heart don't just stand there and allow it, take action.

b. Understand The Target of Trouble
- i. Trouble wants to attack the heart.
- ii. The heart is the center of spiritual life.
- iii. From the heart flows passion, desire, appetites, affection, and purpose.
- iv. The spiritual heart keeps the faith life functioning.
- v. Example: there is a saying cut off the head, the body will follow, in other words take out the leader and the followers will give up
- vi. Trouble says if I can take out the heart, I can keep them from following in faith.
- vii. Pharisee thought they could kill Jesus and the movement would die, surprise.
- viii. If trouble can take out the heart, it can cut off the faith.

c. Understanding the Impact of Trouble
- i. Biblical Peace is a belief that God's got this, and Gods got me.
- ii. Peace is the confidence to know God is in control, and he's working it out for me.
- iii. Trouble wants to disrupt your peace.
    1. Trouble means to cause commotion.

2. Trouble takes away calmness of mind.
3. Trouble disrupts composure.
4. Trouble disquiets and make you restless.
5. Trouble invokes fear and dread.
6. Trouble invokes anxiousness and distress.
7. Trouble perplexes the mind and causes doubt.